



Mental Wellbeing Global Advisory Board

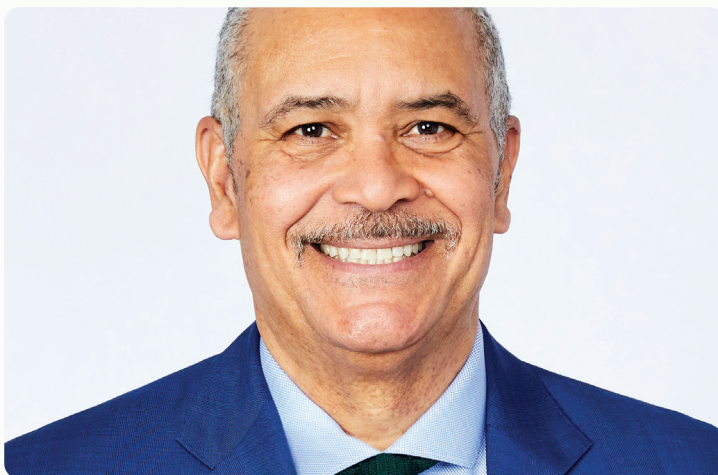


Alfiee Breland-Noble, Founder, The AAKOMA Project

[Dr. Alfiee Breland-Noble](#) (Dr. Alfiee) is a pioneering psychologist, scientist, author, mental health correspondent, and founder of the innovative nonprofit, [The AAKOMA Project](#). She is also the Chief Mental Wealth Officer, for Charlamagne Tha God's foundation, the [Mental Wealth Alliance](#). A distinguished advocate for mental health, Dr. Alfiee has been tapped as a Melinda French Gates 2024 World Leader, championing innovative solutions to advance the health and wellbeing of women and girls worldwide as lead of a 20-million-dollar fund (part of Melinda's groundbreaking 1 Billion Dollar philanthropic initiative).

For over 25 years, Dr. Alfiee has been a trailblazer in mental health and suicide prevention for Youth and Young Adults of Color (including LGBTQAI+ and those w/disabilities). She is a regular media contributor for outlets like [The Grio](#), [Today Show](#), [The Breakfast Club](#), [The New York Times](#), and others. She co-hosts the Audacy Radio suicide prevention special [I'm Listening](#) with Carson Daly and Katie Neal and co-hosted the Born This Way Foundation's World Kindness Day short film [The Power of Kindness](#), with Lady Gaga. Mixing rigorous science, popular culture and thoughtfulness about diverse populations, she is a thought leader and passionate advocate for youth and young adult mental health.

An author and co-author of three books and widely recognized for her ability to draw in audiences and inspire, she embodies her belief that there is enough love and light (informed by good culturally relevant science) to help everyone achieve #optimalmentalhealth.



Daniel H. Gillison Jr., Chief Executive Officer, National Alliance on Mental Illness

Daniel H. Gillison Jr. is the chief executive officer of [National Alliance on Mental Illness](#) (NAMI). Prior to his work at NAMI, he served as executive director of the American Psychiatric Association Foundation (APAF) in addition to various other leadership roles at large corporations, including the National Association of Counties, Xerox, Nextel, and Sprint. Dan has been honored with numerous awards for his work in advancing mental health equity and currently serves as a key member of several boards. You can follow him on Twitter/X at [@DanGillison](#) and listen to him host NAMI's inaugural podcast, Hope Starts With Us, at [nami.org/podcast](#).



Elena Rios, President, National Hispanic Health Foundation

Dr. Elena Rios serves as President of the [National Hispanic Health Foundation](#) (NHHF) in Washington, DC. The mission of the organization is to transform the health care system through leadership, research and education to improve Hispanic health equity. NHHF major initiatives train, mentor and support Hispanic health professionals and students with key resources to advocate for their patients and communities.

She came to Washington, DC in 1993 to work at the White House and at the U.S. Department of Health and Human Services/Office on Women's Health and founded the NHHF in 1994.

Dr. Rios earned her BA at Stanford University, MSHP/MD at the UCLA Schools of Public Health and Medicine, Internal Medicine residency at the Santa Clara Valley Medical Center and the NIH NRSA Research Fellowship at UCLA.



Murali Doraiswamy, Professor, Duke University School of Medicine

Dr. Murali Doraiswamy, MBBS, FRCP is Professor of Psychiatry and Behavioral Sciences and Professor in Medicine at [Duke University School of Medicine](#) where he is also a highly cited physician-scientist at the Duke Institute for Brain Sciences. At Duke, he directs a clinical trials unit that has been involved in the development of many of the most widely used treatments in mental health.

Professor Doraiswamy has been an advisor to leading government agencies, businesses and advocacy groups including the [National Institute of Health](#), [Food and Drug Administration](#), [UNICEF](#), [World Health Organization](#) (WHO), as well as numerous life science and technology companies. He has served as the co-chair of the World Economic Forum's Global Future Council on Mental Health and as the chair of the World Economic Forum's Global Agenda Council on Brain Research. He has lectured at leading global forums to advance the forefront of mental health and neuroscience research.



Paul Villanti, Executive Director, Program, Movember

Paul oversees [Movember](#)'s program investments in prostate cancer, testicular cancer and mental health initiatives globally. Over the past 30 years Paul has successfully led and built organizations across the health, infrastructure, technology, and telecommunications sectors.

He has a particular interest in leveraging Movember's role as a global funder to accelerate improved health outcomes through national and global collaboration.



Sarah Kline, Chief Executive Officer and Co-Founder, United for Global Mental Health

Sarah Kline is CEO and Co-Founder of [United for Global Mental Health](#), a global NGO dedicated to increasing political and financial support for mental health around the world and to reforming policies and implementation in line with best practice and a human rights-based approach.

Sarah has over 25 years' experience in international development and has spent the past 15 years working in global health. From 2012 to 2017, Sarah worked with and for the [World Health Organization](#) (WHO) in a variety of roles with a focus on disease prevention and control, pandemic response and health emergencies. She saw first-hand the impact of poor mental health on individuals and communities and how to develop and implement programmes to address their needs. Her fundraising for WHO on mental health inspired Sarah to help develop and launch United for Global Mental Health. Among her previous roles, she has worked for the World Bank, the UK government, and Oxfam GB (Great Britain), and launched and ran another charity, Malaria No More UK.



Shayla Stonechild, Founder, Matriarch Movement

As a Métis and Nehiyaw iskwew from Muscowpetung First Nations, Shayla Stonechild, has always been a catalyst towards Indigenous youth and women unlocking their full potential. By reclaiming their voices, bodies and spirits that have been silenced and stolen throughout history. There is a shift happening in humanity right now and she believes the arts, meditation, movement and reclaiming an Indigenous worldview is a part of that shift.

Shayla was an award-winning TV Host of APTN's "Red Earth Uncovered" and ET Canada's special segment for National Truth and Reconciliation Day. She is currently a yoga Instructor with over 500 hours of training and was the first Indigenous woman to appear on the cover of Yoga Journal magazine. She is the founder and the podcast host of the [Matriarch Movement](#), an online platform, podcast and non-profit organization dedicated to amplifying Indigenous voices and providing wellness workshops to BIPOC women + Indigenous youth (virtually + in person). Shayla is currently a Global Yoga Ambassador for lululemon.



Stephanie Brill, Founder and Board Chair, Gender Spectrum

Stephanie Brill is considered a leading authority on issues of gender diversity and children. She is the lead author of several landmark books, including *The Transgender Child* and *The Transgender Teen*. Fifteen years after its groundbreaking first release, and newly updated, *The Transgender Child: A Handbook for Families and Professionals* is the most comprehensive, widely used resource for families seeking to better understand and support their nonbinary, gender expansive, or transgender child and teen. The first guidebook of its kind, now translated into multiple languages and utilized around the world, remains the most trusted source for caregivers, teachers, child advocates, and medical and mental health professionals on this topic.

Brill is the founder and Board Chair of [Gender Spectrum](#), the primary organization in the United States focused on children, youth, and gender. The mission of Gender Spectrum is to create a gender-inclusive world for all children and teens. To accomplish this, Gender Spectrum helps families, organizations, and institutions increase understandings of gender and to consider the implications that evolving views have for each of us.

Brill's framework for gender and model of instruction has become the gold standard in the field. Her landmark books on gender, gender diversity and transgender issues are the foundational texts used in top educational institutions around the world.

Brill's current focus is on serving rural communities.



Steph Labbé, Olympian and Sporting Director, Vancouver Rise FC

Nicknamed the "Minister of Defense" for her highlight reel performances at the Tokyo 2020 Olympics, Steph Labbé helped lead Canada to back-to-back Olympic medals including saving the final two penalty shots to secure Canada's historic Gold in Tokyo 2020 Olympic Final.

After representing Canada in three World Cups, three Olympic Games, two Pan American games, as well as 13 years as a professional in three different countries, Steph retired from the game in 2022.

Steph was not only a leader and influential part of the Canadian Women's Soccer Team for years on the field, she has been an important voice for the LGBTQ2+ community as well as a strong advocate for mental health awareness, where she's used her platform to reach people all across the globe. Steph has continued this work into her next chapter, building professional women's soccer in Canada as the Sporting Director of [Vancouver Rise FC](#). Vancouver Rise FC kicked off their inaugural season in the Northern Super League in April 2025.



Yvette Man-yi Kong, Former Olympian and Founding Board Member, Mind Hong Kong

Yvette Man-yi Kong is an Olympian, [Massachusetts Institute of Technology](#) (MIT) Lecturer, and performance psychology expert. Kong represented Hong Kong in Swimming at the 2016 Olympic Games. Since 2017, Kong has served as a founding board member of [Mind Hong Kong](#), a leading mental health charity in Asia. Kong pioneers and lectures the course “Transversal Design for Social Impact” at MIT.

A person of many hats, Kong is a business strategist having worked for McKinsey & Company in the Greater China Region before co-building a product development and innovation strategy function for the Estee Lauder Companies in the Asia Pacific Region. Kong holds multiple psychology-related and management degrees from UC Berkeley, MIT, Tsinghua University, and the University of Edinburgh.



Zhen Li (Jane Li), Founder, Jiandan Xinli (My Therapist)

Zhen Li, a former university lecturer, founded [Jiandan Xinli](#) (My Therapist) in 2014, which has since grown to become one of the largest and most influential mental health service platforms in China, serving millions. For her contribution and leadership, Ms. Li was elected to Forbes Asia 30 Under 30 and Talter Asia's Gen.T List. Ms. Li is also co-host to the popular podcast Blow Your Mind, which covers topics ranging from psychological wellbeing, women's rights and entrepreneurship. She and her team have authored a number of best-selling books on mental health.